

INFANT SWIMMING RESOURCE

EXECUTIVE BIOGRAPHIES

“Many parents don’t realize the dangers of introducing young children to the water. Before your baby can safely enjoy the water, he or she must first learn the skills needed for self-rescue. ISR has a deep passion for the water safety of young children to ensure not one more child drowns.”

- Dr. Harvey Barnett

HARVEY BARNETT, PH.D, FOUNDER AND DIRECTOR

Dr. Harvey Barnett is the Founder and Director of Infant Swimming Resource (ISR), the safest provider of self-rescue swimming lessons for babies and toddlers from six months to six years old. Barnett has more than forty years of specialized clinical expertise researching the impact of swimming instruction and water safety methods on the health and well-being of young children.

When Barnett was 18, he came home from work as a lifeguard to a frightening scene; his infant neighbor had drowned at the bottom of a drainage canal that had contained only a few inches of water. Since experiencing that tragedy, Barnett vowed to dedicate his life to developing a safe method of teaching young children the necessary skills to survive a drowning scenario.

Set out to develop what is today recognized as the only proprietary and medically-sound infant and toddler swimming lesson methodology, ISR’s proven instruction techniques teach children water self-rescue skills and hold a perfect safety record across six million lessons delivered to over 175,000 infants and young children over a forty-year span.

Barnett earned his Ph.D from the University of Florida in Psychological Foundations and is the director to Safe Start, USA, the non-profit division of ISR. As an infant swimming expert, Barnett’s proven techniques are the only infant swimming methodology granted Continuing Medical Education (CME) credits. Since embarking on his mission in 1966, to ensure that not one more child drowns, ISR has become a nationally recognized program with a specific mission to prevent childhood drowning through specialized survival training.

JOANN BARNETT, PRESIDENT

JoAnn Barnett is the president of ISR. With 23 years experience as an ISR Master Instructor, Barnett has taught more than 3,000 babies and toddlers water self-rescue skills. She developed ISR’s proprietary training program and certification for Instructors and has trained more than 60 ISR Instructors and 20 Master Instructors. In addition to ISR, Barnett is the president of Safe Start, USA, the non-profit division of ISR, and has been responsible for the programs implementation and expansion across the United States.

Barnett received her B.S. in Psychology from the University of Central Florida and is the author of *The Journal of Infant Swimming Research* (a quarterly publication) and co-author of *The Science of Infant Swimming* and *ISR’s Parent Resource Book*.



Because turning your back - even for a second - can be enough time for a curious toddler to reach the water, ISR teaches children to save their own lives.”

- JoAnn Barnett